As we approach Thanksgiving, we will address the theme of Gratitude…

The main theme for today is:

**Gratitude**

THINKING

1. Please review the quotes linked here:

<http://www.values.com/inspirational-quotes/value/23-Gratitude>

DISCUSSING

2)This might lead a conversation about the significance of gratitude. Ask student in your group to comment on a quote that resonates with them. Perhaps they could explain why they chose that quote.

ACTING

3) Invite students to:

a)think about someone at school for whom they are grateful. Ask them to think of someone who has made this term more successful or enjoyable for them.

b)Ask them to commit to the Georgian habit of thanking people in person for the gifts they have been given.

c)Encourage them to take 30 seconds to seek that person out TODAY, shake their hand and thank them for the difference they have made.

4) Invite students to:

a)Repeat this process with a family member this Thanksgiving weekend.